Waseley Wellbeing

Client Information Covid-19

I would like to assure you that we have been working hard to ensure that we are able to provide you with treatments as safely as possible during this time. Our therapists have completed additional specific training in relation to Covid-19, we are closely following the government guidelines and those of our Professional Association in relation to safe practice in close contact services. The focus for working safely during this time is the correct use of PPE and maintaining high hygiene levels.

**Face Coverings:**

Upon arrival at your home I will be wearing a face covering, goggles and nitrile gloves, I will keep these items on throughout the duration of your treatment. It is now recommended that clients also wear a face covering during their treatment unless you are exempt from doing so.

**Hand sanitising:**

We are now advised to wear nitrile gloves during your treatment, which are powder and latex free. If you do have an allergy to nitrile please do inform us prior to your appointment. The ongoing advice from the government and NHS is to maintain high hand sanitisation levels by washing our hands regularly and thoroughly. I will require access to hand washing facilities so that I am able to wash my hands before and after the treatment. I will be using hand sanitiser regularly. Please could you wash your hands thoroughly prior to the treatment.

**Equipment:**

We will be disinfecting all of the equipment thoroughly before and after each client visit. We use cotton sheets and towels during your treatment, which will be laundered following the government and World Health Organisation guidelines.

**Consultation:**

24 hours before your appointment I will get in touch so that we can complete a Covid-19 pre-screen consultation. Please note that if you (or any of your family members) have recently contracted Covid-19, or if you (or any of your family members) are experiencing any symptoms of the virus, I will be unable to treat you at this time. If you have any ongoing health conditions that put you in the high or moderate risk categories, we will not be able to treat you at this time without prior medical consent.

**Payment:**

We are accepting payments by bank transfer (please get in touch for the details) credit/debit card or cash. If you are paying in cash please place it into an envelope or money wallet so that the therapist does not handle the notes directly. Please note that we do not keep any change, so please have the correct amount ready.

Holistic therapies are a wonderful way to release stress, tension and to help with reducing pain. During this time of high stress I believe that receiving a treatment will help to bring some comfort, balance and calm to your mind, body, and emotions.

If you have any questions at all, please do get in touch and we will be more than happy to help.